

# Experimental Bitch and JACK Present



**August 10th-13th**  
**JACK Arts**  
**20 Putnam Avenue**  
**Brooklyn, NY**



## ABOUT BITCHIN' HEALS

Bitchin' Heals is a weekend of workshops, performances, artist markets and mutual aid that amplifies disabled joy by centering disabled artists. Created by and for disabled people, alphabet comrades, Black people, Indigenous people, and people of color, Bitchin' Heals serves as a vessel to increase community access to resources, bridge gaps across care and wellness disparities, and ultimately reduce avoidable mortality rates through giving the most marginalized communities the tool of self-determination.

## BITCHIN' HEALS RESOURCE LIST

Compiled by x

<https://msha.ke/x.itsjustx>



## ABOUT EXPERIMENTAL BITCH

**Experimental Bitch (ExB)** is a fiscally-sponsored feminist arts company based in New York City that creates, develops, and produces badly behaved, genre-defying performances by emerging TGNC, queer and women artists.

## SHOW YOUR SUPPORT!



**Bitchin' Heals is supported, in part, by generous grants from The Puffin Foundation, NYSCA, and A.R.T./NY's Small Theatres Fund in association with the Howard Gilman Foundation.**

## BITCHIN' HEALS CURATOR

**x (they/ze/fae)** is a TRANSDisciplinary artist who offers a conceptual and anti-technique approach to movement-driven performance. x has shared short films, installations, and dance works in Budapest, HU; Detroit, MI; Ithaca, NY; and NYC. Selected accomplishments include: GALLIM Moving Artist Residency (2022), Bronx Cultural Visions Fund (Bronx Council on the Arts, 2021), City Artist Corps grant (2021), LiftOff Residency (New Dance Alliance, 2021); Fellowship with The Performance Project @ University Settlement (2021-2022); Disability. Dance. Artistry. Dance. Residency Program (Dance/NYC, Gibney, 2021-2022). Fae is excited to share that among faer collaborative projects, fae is a co-creator and performer in Territory: The Island Remembers, an ensemble performance and installation led by zavé martohardjono (Gibney Presents, April 2022). Recently, x has joined Heidi Latsky Dance as a dancer in ON DISPLAY.

## CURATORIAL COMMITTEE

**Ogemdi Ude (she/her)** is a Nigerian-American dance and interdisciplinary artist, educator, and doula based in Brooklyn. Her performance work focuses on Black femme legacies and futures, grief, and memory. Her work has been presented at Gibney, Danspace Project, Abrons Arts Center, BRIC, ISSUE Project Room, Recess Art, Brooklyn Arts Exchange, Center for Performance Research, Movement Research at the Judson Church, Streb Lab for Action Mechanics, La Mama Courthouse, and for BAM's DanceAfrica festival.

**Elisabeth Motley (she/her)** is a Lenapehoking/Brooklyn-based disabled, neurodivergent, mad choreographer, scholar, and teacher whose work is concerned with disability as a framework for choreography and pedagogy. She is an Associate Professor of Dance at Marymount Manhattan College (NYC) and a Ph.D. candidate at University of Roehampton (UK). Motley was a 2019-2021 Movement Research Artist in Residence and recipient of a 2018 Fulbright US-UK Scholar Award. Motley co-conspires with Kayla Hamilton on Crip Movement Lab — a pedagogical framework centering cross-disability accessible movement practice.

**Tatiana Baccari (she/they)** is a generative director making new plays and musicals as well as radical adaptations of classics. As Artistic Director of Experimental Bitch, Tatiana develops, directs and produces new works. Recent directing includes My Body No Choice (Arena Stage/CMU), Animals Out of Paper by Rajiv Joseph (Jobsite Theater/Straz Center) and Tanya's Lit Clit, a new musical they are developing with playwright, Emma Goldman-Sherman (NY Theatre Barn). Upcoming: LEAR by Young Jean Lee (Carnegie Mellon University). BFA: NYU Tisch. John Wells MFA Directing Fellow at Carnegie Mellon University (Class of 2025). [www.TatianaBaccari.com](http://www.TatianaBaccari.com)

## BITCHIN' HEALS ART MARKET

**Thursday, August 10th at 6 PM - 9 PM**

**Sunday, August 13th at 12 PM - 3 PM**

## FEATURED ARTISTS

**Corina Perez (she/her)** is a queer puerto rican abolitionist textile artist based in Brooklyn. She has worked in textiles since she was a child admiring how quickly her mother was able to sew her school uniforms. Not only do she sew, but she also knits, crochets, embroiders, and tufts. Her work centers her homeland of la isla más bonita. You can sense this through the tropical designs and vibrant colors. Her work is meant to be accessible to all people's.

**Jace Gulbranson (he/him)** is a queer, trans, and disabled multimedia artist inspired by illness, exploration, and existence. He makes invisible pain visible through collage work, massages tender wounds through lyrical poetry, and plays with language through button making.

**E.T. Russian (they/them)** is a multi-sensory artist and cartoonist. Their graphic journalism is currently in the traveling show Graphic Medicine: Ill-Conceived and Well Drawn hosted by the National Library of Medicine. Their #RAMPSOFDISTINCTION series is on permanent exhibition at WA State Convention Center and recently featured at the Seattle Architecture Foundation and the Bellevue Arts Museum Biennial. Their recent solo shows (multi-sensory installations) were DOUBLE CLEAR at Hedreen Gallery and CASTING SHADOWS at Jack Straw Gallery.

**Philip Santos Schaffer (they/them)** \*See previous page for bio.

**Experimental Bitch Merchandise made in collaboration with  
Made by Mimzy**

**We Heal Together - A workshop with tae min suh**  
**Thursday, August 10th at 3pm**

Rooted deeply in a lineage of politicized healing work and the belief that we heal within relationships and in community, this workshop will share some history of acupuncture's use as medicine & invite participants to receive auricular acupressure in a group setting.

CONTENT WARNING: Substance use mentioned.

**tae min suh (they/them)** currently resides on Lenapehoking territory and is deeply interested in building out their practices of care and safety with their loved ones. they teach martial arts and self-defense to youth and queer/trans folks; play pungmul – a drumming practice indigenous to Korea; are growing their practices of herbal/traditional medicine and body work, including auricular acupuncture; and organize with community groups rooted in anti-violence, healing justice, queer/trans liberation, and more.

**Coping & Soothing - A Workshop with Inner Wound Real**  
**Friday, August 11th at 4 PM**

In this self-soothing workshop participants will create the beginnings of a personalized emotional care toolkit. The workshop provides a safer container for meaningful and healing discussions about mental wellness, coping strategies, and grounding techniques. It will include a screening of the 15 minute animated documentary, Inner Wound Real (dir. Carrie Hawks) that tells the story of three BIPOC folk who used to self-injure, but now seek new ways to cope.

CONTENT WARNING: Self harm will be heavily discussed, but not depicted.

**Carrie Hawks (they/them)** confronts self-imposed and external assumptions about identity in order to promote healing, particularly in relation to Blackness, gender, and queer sexuality. They work in animation, drawing, collage, sculpture, and performance, often incorporating humor. Their film black enuf\* was nominated for a New York Emmy, won Best Documentary Short at Trans Stellar Film Festival, was broadcast on American Public Television's World Channel, and screened at over 40 festivals including Ann Arbor and BlackStar. Their recent documentary, Inner Wound Real premiered at Tribeca Festival in 2022 and they lead a corresponding mental health workshop for the New York DOE. They are an Assistant Professor of Illustration at Parsons, The New School.

**i love the way you say goodbye -**  
**Performance by Philip Santos Schaffer**  
**Friday, August 11th at 7 PM**

i love the way you say goodbye is a performance party celebrating letting go, and the incredible human capacity for grief. Over the course of the performance, audiences are invited to process loss while practicing tools for healing, from eating bagels to doing the hokey-pokey. This piece was developed as part of University Settlement's Artist in Residence program.

CONTENT WARNING: This is a show about grief, and is highly interactive. While I have worked with mental health workers to build safety for audience members, and give multiple and recurring opportunities to opt out of participation, each person knows what they need most!

**Philip Santos Schaffer (they/them)** is a playwright creating interactive performances in intimate and unconventional settings. Philip's work has been seen in bathtubs across the country, listened to over the phone, and found in a series of living rooms (as well as appearing in more conventional spaces). Philip has a BFA in Directing from Hofstra University and an MFA in Dramaturgy from Columbia University. Philip is 1/5 of the creative team behind WalkUpArts, which they co-founded in 2015.

[www.philipsantosschaffer.com](http://www.philipsantosschaffer.com)

**When I Ride A Carousel - A Workshop with Ariel Reich**  
**Saturday, August 12th at 3 PM**

This movement workshop links the connection between mind and body, deepens breath, and explores sensory exercises to promote nourishment and self-compassion. Group dialogue is embodied and shared with physical gesture and mirroring work. A group poetry writing activity culminates in a choreographic pairing with the collaborative poem.

**Ariel Reich (she/her)** is a proud queer, neurodivergent, Jew of color with an invisible disability. She is an NYC based Actor, Director and Mindfulness Artist who leads with joy and empathy. Most recently, she performed in the Broadway national tour of THE BAND'S VISIT. In addition to her performance career, Ariel has a background in Arts in Medicine. She is currently on the teaching artist faculty of the Mark Morris Dance Group's Dance for PD (Parkinson's Disease) program and works as a guest teaching artist with the 92Y Program for Cognitive Strength and Ability (PCSA).

**SHE SINGS ME HOME - Performance by Artemis Montague**

**Saturday, August 12th at 7:30 PM**

Artemis Montague will perform selections from their upcoming EP and new musical, SHE SINGS ME HOME, a modern queer-, trans, and Black-led story in the African American musical tradition about young love and alliances in a mental health institution's under-21 ward.

**Artemis Montague (they/he)** is a multi-hyphenate and singer-songwriter.

A Black mixed-race nonbinary mezzosoprano/baritenor with co-occurring disabilities, they have done performances at 54 Below and Joe's Pub, and The Green Room 42 in New York, as well as The REACH at the Kennedy Center in Washington, DC. SHE SINGS ME HOME is a full-length Black-, trans-, and queer-led musical, written in full (book, music, and lyrics) by Montague. They are also the IIDEAA Board Chair for TEMPO (Trans Expansive Music Professional Organization).

**Bitchin' Heals Production Team:**

Emily Zemba - Line Producer  
Kerrigan Quenemoen - Associate Producer  
Victoria Whooper - Production Stage Manager  
JD Caesar & Allie Posner - Production Crew

**Experimental Bitch Team:**

Tatiana Baccari - Artistic Director  
Wednesday Derrico - Executive Director  
Liv Rhodes - Graphic Designer  
Alexandra "Len" Lenihan - Graphic Designer  
Ladle Web Design - Website Designer

**JACK Arts Team:**

Jordana De La Cruz - Co-Director  
Skye E. Kowaleski - Co-Director  
John-Philip Faienza - Production & Technical Manager  
Kiara Johnson - Administrative Assistant

**SCAN HERE TO READ FULL BIOS!**



**Thank You To ExB 2023 Donors  
Who Make This Program Possible**

**Leah Murphy, Pat Sigmon, Brittney Kovary,  
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**[www.ExperimentalBitch.net](http://www.ExperimentalBitch.net)  
ExB is fiscally sponsored by Fractured Atlas**